



# Shelter Meal Service Volunteer

Volunteer Position Description

## *Position & Responsibilities*

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### **Role Summary**

Volunteer will assist staff in organizing and delivering meals to individuals and families living at Tubman's shelter for victims/survivors of domestic violence. The shelter is located at Tubman East in Maplewood.

### **Impact & Benefits**

- Contribute to a positive and respectful living experience for families in shelter
- Assist in providing a safe and healthy living environment

### **Position Responsibilities**

- Portion out and deliver individual meals to each room in the shelter
- Follow COVID-19 protocols to ensure safety
- Assist with clean up as needed
- Build positive, safe, and friendly connections with residents
- Communicate concerns to staff as needed

## *Qualifications & Expectations*

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### **Position Qualifications**

- Friendly, supportive, mature, and reliable
- Ability to maintain confidentiality, appropriate boundaries, and have good judgment in unexpected situations
- Understand and work from the agency's set of values and philosophical approaches, including trauma-informed and strength-based care
- Ability to engage with a diverse group of clients and team members with a demonstrated commitment to diversity, equity, and inclusion
- Must be 16 and older

### **Time Commitment & Availability**

- One consistent 2 hour shift each weekend preferred (with some flexibility): Saturday or Sunday, either 11 am-1 pm or 4-6 pm

### **Supervision & Training**

- Attend Tubman's Volunteer/Intern Orientation and Trainings
- Supervised by Shelter staff

## *Organization*

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Tubman offers safety, hope, and healing to people of all ages, genders, and cultural backgrounds who are facing relationship violence, sexual assault, exploitation, homelessness, addiction, mental health challenges, or other forms of trauma. We provide safe shelter and housing, legal services, mental and chemical health services, youth programs, and more. [www.tubman.org](http://www.tubman.org)

Black, Indigenous, and people of color, multilingual speakers, people of all gender identities, people with disabilities, and veterans are all encouraged to apply.