



Support Group Facilitator

Volunteer or Internship Position Description

Position & Responsibilities

Role Summary

Co-facilitate weekly support group for people who have experienced domestic violence. Facilitators provide an empowering, strength-based approach while creating a safe, respectful, confidential, and welcoming space for individuals to share as they process and navigate difficult situations in their lives.

Impact & Benefits

- Make an impact in the lives of clients as you foster positive growth by providing a safe, supportive environment for individuals to process and share difficult experiences
- Practice effective group facilitation and communication skills

Position Responsibilities

- Create a supportive and safe space while maintaining boundaries and client confidentiality
- Provide referrals to Tubman and community-based resources when appropriate
- Collaborate with the co-facilitator in organizing and planning for each weekly group
- Model genuine compassion, empathy, and open-minded responses within the group

Qualifications & Expectations

Position Qualifications:

- Knowledge of the community served including an understanding of domestic violence
- An understanding of the support group model as different from therapy
- Participation in a prior support group (as a member or facilitator) is preferred
- Ability to effectively facilitate group process in a supportive and confidential manner
- Proven ability to remain calm in response to difficult information and situations
- Excellent communication and people skills including active listening skills and ability to respond appropriately to client needs while maintaining professionalism and boundaries
- Ability to work with diverse teams and clients to foster a culturally inclusive environment

Time Commitment & Availability

- Tuesdays from 5:30-8:00 pm (includes planning time and set up) at Minneapolis or Maplewood location
- Minimum commitment of one year

Supervision & Training

- Attend Tubman's five-part Volunteer/Intern Orientation and Training series
- Supervision provided by the Transitional Housing Lead staff

Organization

For 40 years, Tubman has been leading the way to hope for women, men, youth and families who have experienced relationship violence, sexual exploitation, addiction, mental health challenges or other trauma. We provide countless ways to help including safe shelter, legal

We encourage applications from people of color, all genders, multilingual speakers, veterans and those who have disabilities

services, mental and chemical health counseling, elder abuse resources, youth programs, community education and much more. www.tubman.org



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