



# January, 2019

## Orientation & Training Schedule

for new volunteers, interns, and staff

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**Date/Time: Saturday, January 12th from 9am-3pm**

**Location: Tubman East** - 1725 Monastery Way, Maplewood, MN, 55109

**Topics: *Tubman Overview*** - mission and core services, approaches in service delivery, recognizing privilege, intersectionality, self-care, and expectations

**Date/Time: Tuesday, January 15th from 6pm-9pm**

**Location: Tubman East** - 1725 Monastery Way, Maplewood, MN, 55109

**Topics: *Shelter & Housing Services*** – ecological approach, defining violence, power and control, 4 Points of Balance, safety planning strategies

**Date/Time: Thursday, January 17th from 6pm-9pm**

**Location: Tubman East** - 1725 Monastery Way, Maplewood, MN, 55109

**Topics: *Mental & Chemical Health Services*** – trauma-informed care, crisis intervention, de-escalation, supportive listening, navigating difficult situations

**Date/Time: Tuesday, January 22nd from 6pm-9pm**

**Location: Tubman West**- 3111 1st Ave S, Minneapolis, MN, 55408

**Topics: *Legal Services*** – process for protective orders, range of services offered, family law basics, and the impact of poverty on the people we serve

**Date/Time: Thursday, January 24th from 6pm-9pm**

**Location: Tubman West**- 3111 1st Ave S, Minneapolis, MN, 55408

**Topics: *Youth & Family and Community Support Services*** – residential and community-based youth programs, violence prevention work, support services for the community, strength-based, person-centered approach

*Each evening training is divided into two parts - a large group presentation followed by breakout sessions for specific positions.*

**For more information and to RSVP, please contact  
Joanie Braun at 612-767-6680 or [jb Braun@tubman.org](mailto:jb Braun@tubman.org)**