

# January 2025

## Orientation & Training Schedule

for new volunteers, interns, and staff

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### **SATURDAY, JANUARY 11<sup>TH</sup>**

**Location:** *Tubman Chrysalis* – 4432 Chicago Avenue So, Mpls, MN 55407

**9 am – 3 pm:** *Tubman Overview* – Tubman basics and core services; privilege and intersectionality; philosophies and service approaches; ethics and boundaries; secondary trauma, self-care, and wellness

### **TUESDAY, JANUARY 14<sup>TH</sup>** **Location: Zoom**

**6:00 – 8:00 pm:** *Shelter* – emergency shelter services; ecological approach; defining violence, power and control; safety planning

**8:00 – 9:00 pm:** *Breakout Sessions* – required for some roles

### **THURSDAY, JANUARY 16<sup>TH</sup>** **Location: Zoom**

**6:00 – 7:45 pm:** *Mental & Chemical Health* – mental health, substance abuse and dependence; trauma and the brain, trauma-informed care; crisis and de-escalation skills

**7:45 – 9:00 pm:** *Breakout Sessions* – required for some roles

### **TUESDAY, JANUARY 21<sup>ST</sup>** **Location: Zoom**

**6:00 – 7:30 pm:** *Legal* – understanding Tubman’s legal services, protective orders, assisting clients in accessing legal services, safety planning

**7:30 – 9:00 pm:** *Breakout Sessions* – required for some roles

### **THURSDAY, JANUARY 23<sup>RD</sup>** **Location: Zoom**

**6:00 – 7:30 pm:** *Youth, Housing, & Community Supports* – youth programs; housing programs; community outreach and support services

**7:30 – 9:00 pm:** *Breakout Sessions* – required for some roles

**For more information, please contact  
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